

Check it. Know the symptoms

Diagnosing
Cancer early
Can save
lives

Bowel Cancer

Bowel cancer is the 3rd most common type of cancer. Screening can help prevent bowel cancer or find it at an early stage, when it's easier to treat.

Symptoms



Bleeding from your bottom



Feeling tired all the time but not sure why



A change in your pooing habits. You might be going more or less often, or have diarrhoea or constipation that might come and go.



Losing weight but not sure why



A pain or lump in your tummy

If something isn't normal for you, contact your GP



Scan the QR for more info

Cervical Cancer

Cervical/Gynaecological cancer mostly affects women under the age of 45. Generally caused by an infection with certain high-risk types of (HPV).

Symptoms



Unusual vaginal bleeding



Unpleasant smelling vaginal discharge



Constant Fatigue



Unexpected weight loss



Bleeding after menopause



Leg/Pelvic pain



Pain and discomfort during sex

If something isn't normal for you, contact your GP



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Breast Cancer

Around 55,000 women are diagnosed with breast cancer every year in the UK.

Symptoms



Lump in the breast



Nipple changes inversion



Redness & heat



Dimpled or depressed skin



Swelling of all or part of the breast



Bloody discharge



Visible lump on armpit



Skin irritation or texture change

If something isn't normal for you, contact your GP



Scan the QR for more info



Don't leave it to chance, check it. Know the symptoms

For more information, pick up a leaflet or Scan the QR code